

Term 3 Week 10

26 September 2024

### COMING EVENTS

FRIDAY SEPTEMBER 27

- Team Colours Day  
All campuses come dressed in colours of favourite team of any sport.
- Last day of Term 3, 12:30pm finish

MONDAY OCTOBER 14

- Term 4 Starts
- FRIDAY OCTOBER 18
- Year 2 Excursion
- WEDNESDAY OCTOBER 23
- Year 12 Mass

OCTOBER 21-23

- Samaritan Spectacular
- FRIDAY OCTOBER 25
- Year 1 Excursion

### Key Points

- Catholic Schools Choir
- Library Works
- Year 12s
- Confirmation
- Combined Primary Schools Choir
- R U OK Day
- Sports Day
- 2025 Subjects
- Subject Counselling
- Year 6 Transition Days
- Holiday Programs
- Unwell Students

## Saturday is the Feast Day for St Lorenzo Ruiz

In Whyalla this is a very important day for our Filipino community. Lorenzo was the Philippines' first Saint and holds the distinction of being the first person beatified outside the Vatican. Pope John Paul II described him as the "most improbable of saints". Saint Lorenzo Ruiz is the patron saint of the Philippines, people working overseas, immigrants, the poor, Filipino youth and altar servers.

*Saint Lorenzo Ruiz,  
 You brought honour to your country,  
 Having been a level-headed  
 And prudent father of the family,  
 A witness of Christ in your life Until your death.  
 Amen (excerpt from the Prayer to St Lorenzo Ruiz)*

### Catholic Schools Choir

Good luck to Mrs James and Mrs Fitzgerald and the senior primary students who will perform at the Catholic Schools Music Festival tonight at the Adelaide Festival Theatre. Our college has a fine and long tradition of participating, with a host of other schools, in this choir. The CSMF is actually a week-long event that includes musical/vocal acts from a range of Catholic schools and Samaritan joins the choir on the final night of performances. Thank you to Sophie and Winnie for their continued dedication to this event and to the families of the students who commit to being in Adelaide tonight to collect their child following the performance. Mr Molyneux will attend tonight on behalf of the college.

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 info@samaritan.catholic.edu.au  
 www.samaritan.catholic.edu.au

#### St Teresa's Campus

Telephone (08) 8645 8381  
 Facsimile (08) 8645 1129

#### Our Lady Help

of Christians Campus  
 Telephone (08) 8649 2077  
 Facsimile (08) 8649 1911

#### Saint John's Campus

Telephone (08) 8645 8568  
 Facsimile (08) 8645 8186

#### Uniform Shop

Toal Street, Whyalla Stuart  
 Telephone (08) 8649 3168  
 Wednesday 8:00 - 10:00am  
 Thursday 1:00 - 4:30pm



## Library Works

During the break, work begins on the upgrade of the Saint John's Campus Resource Centre. As times change in terms of books, internet and the growth of our Year 12 numbers, it was time to redesign and redevelop that space to better reflect a modern school and to provide a dedicated space for our Year 12s. The Library and ICT services will relocate to the Xavier building for the rest of the year (in the space where our temporary Front Office was during the major building works last year).

## Year 12s

This is the final whole term for our Year 12s....ever. Early in Term 4, they celebrate their final Mass at the college, finish their formal lessons and prepare to

finalise all their SACE work and for some, prepare for exams. It is both an exciting and sad time for our Year 12s.

## Confirmation

Congratulations to the 15 young people who were Confirmed last Sunday. As always it was great to see Bishop Karol in town to lead the Mass where the young people made ongoing commitments to their faith whereas at their Baptism, this was done by their parents.

Term 3 finishes tomorrow at 12:30pm and school returns for students on Monday October 14. There is no Pupil Free Day on the first day of Term 4.

Have a restful and safe term break!

# Deputy News

## From the Resilience Project Desk – Mindfulness

Did you know ....

We spend 49% of our waking hours thinking about something other than what we're doing!

Regular mindfulness practice can improve our:

- Immune system
- Energy levels
- Sleep quality
- Awareness
- Memory
- Productivity

Why don't you give it a go. Find a mindfulness activity that suits you and that you enjoy, everyone is different. Below are some suggestions:

- Listening to music
- Exercise (eg: walking)
- Colouring
- Puzzles
- Meditation
- Yoga

I have previously published data from the Year 7 and Year 8 cohort in relation to the Resilient Youth Australia survey, which we contribute to as part of our partnership with The Resilience Project. In this edition we look at some data from Year 9. The data can generate important table conversations around wellbeing and mental health. The intention here is not to point the finger or cast judgement, but simply to acknowledge the many issues and complexities our young people are voicing when completing the survey.

## Year 9

Focus Question	Female (%)	Male (%)
I have love and support from my family	80	91
I have an adult in my life who I can talk to	75	73
I feel safe at home	95	100
I get at least 8 hours of sleep most nights	50	82
I am not using a device between 10pm and 6am	65	73
I can forgive others who are mean to me	55	55
I do not vape	85	100
I am not playing excessive online games	90	64

*Brett Czechowski*  
DEPUTY PRINCIPAL

# The Samaritan Way

International Day of Peace: A Call to Foster Peace in Our Community

Each year, on September 21, the world unites to observe the International Day of Peace, a day set aside by the United Nations to promote peace, non-violence, and unity among nations. This day calls us to reflect on the importance of peace in our lives and communities and to think about how we can create a more peaceful world.

Jesus said “Blessed are the peacemakers, for they will be called children of God” (Matthew 5:9).

In our Samaritan community and inspired by Jesus teachings, we are all called to be peacemakers. Jesus’ message invites us to seek peace in our actions and in our hearts. Whether in our classrooms, playgrounds, or homes, we are all responsible for creating a culture of peace where love, respect, and justice thrive.

Remembering this International Day of Peace, let us take time to pray for peace in our world, especially for those affected by conflict and violence. Let us also reflect on the ways we can bring peace to our own school community—through acts of kindness, understanding, and solidarity. Together, we can build a world where peace is not just an idea but a lived reality.

## A Prayer for Peace in Our World Today

*Loving God,*

*We come before You with hearts longing for peace.*

*In a world filled with conflict, division, and uncertainty,*

*we turn to You, the source of all peace and love.*

*Grant us the grace to be peacemakers in our own lives.*

*Help us to speak words of kindness,*

*to act with compassion,*

*and to work for justice in all we do.*

*May Your peace, which surpasses all understanding,*

*fill our world, our communities,*

*and our hearts,*

*so that we may live as one human family,*

*with love and respect for all.*

*We ask this through Christ our Lord. Amen.*

Rebecca Sinclair  
APRIM

# College News



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# Primary Campus News

## Reception Harris

Shiver me timbers! Did you know that September 19 is International Talk Like a Pirate Day??

Our littlest Samaritans in Reception Harris had a great time making Pirate Hats and talking like a Pirate!!!

*Arrrr mee heartes!*



## Combined Primary Schools Choir

The "Combined Primary Schools Choir" is a longstanding annual event giving primary-aged students the chance to perform songs from the "Festival of Music" as a mass choir.

Our stellar Samaritan College Ensemble presented "Pink Panther" and "Fly Me To The Moon" to a delighted crowd!

Samaritan College students also featured prominently throughout the event with many as choir members and featured Soloists. Well done to you all!

Children from all Whyalla Primary Schools comprised this year's Choir at the Middleback Arts Centre, along with students from Cowell & Kimba Area Schools.

Special thanks to Mrs James who coordinated all the rehearsals and performances in collaboration with staff from other schools!



## Cricket at St Teresa's

On Wednesday St Teresa's Campus had a team from the South Australian Cricket Association come in and facilitate a 15 minute session for each class focusing on activation exercises and activities to promote engagement and interest in cricket.

The hope is that students will be keen to continue cricket into the upcoming season and participate in the Woolworths Blast Cricket and beyond.

## Thank You

We would like to thank the parent and school community for their support and assistance with all matters this term. Whether it has been helping in the classroom, volunteering at events, sharing information about their student, supporting restorative measures, coming to assemblies or saying hello at pick up or drop off times, we are blessed to have such a wonderful school community. Happy holidays and stay safe, we look forward to a prosperous Term 4.

*Matt Quist and Gareth Molyneux*  
PRIMARY CAMPUS LEADERS

# R U OK Day

'R U OK? Day' Thursday, Week 8, the whole college participated in 'R U OK? Day' focused activities scattered across all three campuses.

Our Centacare Counsellors were amazing in organising and running activities at each campus with support of our student leaders! Fantastic team effort!

Our Lady's Campus spent time last week learning about the importance of R U OK? Day, and exploring how we can check in with others and help them if they aren't ok.

- On Tuesday, SRC students made posters to promote the importance of asking 'R U OK?' any day and helping others if they're not okay.
- Mrs Warren's receptions made 'R U OK?' necklaces after learning about how to check in with others and help them if they aren't okay.
- Centacare ran a stall that allowed students to spin the big wellbeing wheel, engage in meaningful conversations about mental health, and to listen to

or dance to some music.

- All students, in their house teams, talked about how they can be a good friend to others then did some art which will be used to create a friendship garden.
- The teachers enjoyed some sweet treats that were made to promote the theme of 'R U OK? Day'.

A reminder that any day can be 'R U OK? Day' - a conversation could change a life!



## SAPSASA Soccer

Whyalla SAPSASA Boys Soccer Division 2 runners up!!

Well done to everyone involved in this year's SAPSASA soccer carnival. The boys played extremely well throughout the 3 days and finished as the runner up team. They played well as a team and showed a lot of talent, deservedly coming home with a medal each. Thanks to the support of all of the families for making the 3 days a great learning opportunity for the team. Well done Whyalla!



## SAPSASA Hockey

36 students from around Eyre Peninsula came together to form three teams for SAPSASA hockey.

All teams represented our local area with pride and outstanding sportsmanship. They played extremely well and showed respect and resilience with their wins and losses.

The boys team finished second on the ladder and the girls finished 9th. The mixed teams, which our 2 Samaritan players were in, finished 4th.

Well done Abbie and Hareish for representing our college with pride.

All players did their very best, improved with every game, made some new friends and had a blast.





# Secondary Campus News

Secondary attendance hotline: 0473 989 587 - TEXT messages only, otherwise please phone 8645 8568.

## 2025 Subjects

The portal used by senior students to nominate their preferred subjects for next year has closed. Students who did not complete the process are asked to bring a list of their preferences to Ms Hopkins so their choices can be added to the system. Information about the subjects on offer can be found on the college website at <https://www.samaritan.catholic.edu.au/secondary/teaching-and-learning>. We are in the process of determining viable subjects for 2024. In short, those subjects that have sufficient student numbers generally run. To maximise the number of subjects that run next year, it may be necessary to combine subjects across year levels - e.g. Year 11 and 12 Legal Studies.

## Subject Counselling

Subject counselling for our Year 11s began last week. This process enables teachers to ensure our senior students have picked subjects that will allow them to achieve their SACE and whatever other post-school goals they might have. Counselling with our Year 10 students will start next term.

## Year 6 Transition Days

Next term our transition program begins with Year 6 students at the two primary campuses spending time on the senior site. More information about these transition days will be provided in the coming weeks. Any concerns parents/caregivers have about this process can be addressed to campus leaders.

## Basketball Carnival

This week the Open Girls and Boys had their Regional Carnival in Whyalla.

Boys Grand Final - Caritas defeated Samaritan College 2 in Overtime 30-20.

Girls Grand Final - Caritas defeated Samaritan College 36-21.

We thank Caritas and Port Augusta Secondary School for participating in the carnival today. All students should be commended on their efforts, teamwork and sportsmanship.

Sean Shedy  
SPORT COORDINATOR

## Year 12s

The Year 12s have just two weeks of face-to-face teaching before they commence swot vac in Week 3 next term. They are strongly advised to use the semester break to prepare for exams and/or finalise assignments. Most students will have exams or work due next term, so they should use the next two weeks wisely - a brain break is fine, but this time should also be used to revise, undertake practice exams, identify aspects of the course that are a bit 'fuzzy', draft and edit investigations, and the like. Some teachers will conduct holiday sessions to support students with their exam preparation, which they should attend.

## Holiday Programs

Some of our senior students will be undertaking VET short courses in hospitality and heavy industry in the first week of the October holidays. Students who complete these courses will gain nationally recognised qualifications and trade tickets.

## Unwell Students

Unfortunately, it seems that many of our students are coming to school whilst ill. For the health and wellbeing of these students, their peers and staff, we respectfully request that students who are frequently coughing and/or sneezing stay home to recover. SACE special provisions can be put in place for senior students who are unable to attend school due to poor health. If it is not possible for students to remain at home we would ask that they wear a mask to reduce the risk of transmission.

Tanya Gibson  
HEAD OF CAMPUS







# Community News

"The services and events contained in this section are in no way connected with the school and are included in this newsletter for your information only. Parents and caregivers need to make their own enquiries and assessments about the suitability of these events and services for their needs and those of their children."



## FIRST NATIONS

### *Come and Try*

The First Nations Tennis Program is designed to give primary school age students an opportunity to play tennis in a safe, fun environment. Tennis SA are inviting children who are Aboriginal or Torres Strait Islander between the age of 5 and 12 years of age for a fun afternoon of Tennis and a BBQ after the session.





Venue    Whyalla Tennis Association  
          112 Nicolson Ave, Whyalla Norrie

Date      Thursday 24 October

Time     4:00pm to 5:30pm

Cost      FREE

Secure your spot now!

Contact   [ldoughy@tennis.com.au](mailto:ldoughy@tennis.com.au)

**REGISTER TODAY!**






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Books and supplies



Camps and excursions

Can I join Saver Plus?

To be eligible, you need to meet these requirements:

- Be 18 years or older
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