

Term 2 Week 7

13 June 2024

### COMING EVENTS

JUNE 17 - 21

- Year 10 and 11 Exams

THURSDAY JUNE 20

- Year 7/8 Boys Football

MONDAY JUNE 24

- Semester 2 starts

WEDNESDAY JULY 3

- Year 11 Dinner

FRIDAY JULY 5

- 12:30pm dismissal for students, end of Term 2

MONDAY JULY 22

- Staff Formation Day (Pupil Free Day)

JULY 22 - JULY 26

- Year 10 Murray Venture

TUESDAY JULY 23

- Term 3 starts

PO Box 351, Whyalla, SA 5600  
 info@samaritan.catholic.edu.au  
 www.samaritan.catholic.edu.au

#### St Teresa's Campus

Telephone (08) 8645 8381  
 Facsimile (08) 8645 1129

#### Our Lady Help of Christians Campus

Telephone (08) 8649 2077  
 Facsimile (08) 8649 1911

#### Saint John's Campus

Telephone (08) 8645 8568  
 Facsimile (08) 8645 8186

#### Uniform Shop

Toal Street, Whyalla Stuart  
 Telephone (08) 8649 3168  
 Wednesday 8:00 - 10:00am  
 Thursday 1:00 - 4:30pm

### Key Points

- National Reconciliation Week
- The Sacrament of First Reconciliation
- The Sacrament of First Eucharist
- 2023 Annual Report
- Living in Adelaide in 2025?
- Keeping Children Safe
- End of Term
- From the Resilience Project Desk – Emotional Literacy
- National Sorry Day
- National Simultaneous Storytime
- National Volunteer Week 2024
- Primary Literacy
- STEM
- Behaviour
- Study Habits
- Forming Habits
- SACE Special Provisions

### National Reconciliation Week

Recently we celebrated National Reconciliation Week. National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. Many classes had special events and activities during the week to draw focus to this important process in our country. Ideally every week is National Reconciliation Week.

*Dear God,*

*We who have come from every land give thanks for our country Australia.*

*This earth that feeds us,*

*The shores that bind us,*

*The skies that envelop our freedom,*

*We give our thanks and praise.*

*Let us look back with courage;*

*See the truth and speak it.*

*Let us look around with compassion;*

*See the cost and share it.*

*Let us look forward with hope;*

*See what can be and create it.*

*Amen*

*(from Tear Australia Reconciliation Liturgy, pg 2)*



## 2023 Annual Report

Each year all schools in Australia provide an Annual Report to their community for the previous year. This report contains information about funding, staffing levels, enrolments, staff qualifications, spending, learning achievements and more. Noting it is for the 2023 school year. You can get a hard copy from your child's Front Office or view it online here: <https://www.samaritan.catholic.edu.au/our-college/annual-report>

## Living in Adelaide in 2025?

For our Year 12 students there are major decisions being made in terms of what and where 2025 will look like for them. Some know that they will likely move to Adelaide to study and some are very keen on particular courses or trades or even jobs that will mean moving to Adelaide (or interstate) in 2025. Families need to plan now. If you are intending to study in 2025 in Adelaide, Aquinas College is our preferred partner for tertiary accommodation. Do not leave it until it is too late!

## Keeping Children Safe

Whilst this is always front and centre of what all schools do, there are a range of policies and procedures that schools and their staff follow in this very important area, including our Board and volunteers. Please have a read via these links below.

- [Catholic Diocese of Port Pirie Child Safeguarding Policy](#)
- [Responding to Online Safety incidents in South Australian schools: Guidelines for staff working in education settings](#)
- [Keeping Safe: Child Protection Curriculum information for educators \(Department for Education SA\)](#)

## End of Term

12:30pm dismissal for students on last day of Term 2 July 5.

# The Samaritan Way

## The Sacrament of First Reconciliation

"Mercy will always be greater than any sin, and no one can place limits on the love of God who is ever ready to forgive". Pope Francis

Reconciliation is a Sacrament instituted by Jesus Christ in his love and mercy to offer us forgiveness for the times we have sinned and turned away from God. Jesus calls us to experience His mercy, love and forgiveness through the Sacrament of Reconciliation.

In preparation for their First Eucharist a small group of Year 4 children prepared to celebrate their First Reconciliation. They listened to the stories of forgiveness that Jesus told his disciples and have thought about how they may have hurt someone with their words or actions.

## The Sacrament of First Eucharist

'I am the living bread from heaven,' says the Lord; 'whoever eats this bread will live forever.' John 6:51

Jesus is the bread of life. It is he who nourishes and strengthens our faith. When we celebrate the Eucharist, we are participating with the whole community in the sacrifice that Jesus made when he died for us. When we receive the Body and Blood of Christ and take him into our hearts and lives we receive eternal life. We believe that Jesus's strength and love becomes part of the bread and the wine, and when we receive this we know that Jesus is with us in a special way.

At the Last Supper Jesus 'took' the bread, 'blessed' it 'broke' it and 'shared' it with his friends. Gathering together to break bread and share the cup is one of the most ancient practices of the church and we see these four actions of Jesus echoed each time we celebrate the Eucharist.

On the recent Feast day of The Body and Blood of Christ the same group of Year 4 children received the Blessed Eucharist for the first time. This was a special and privileged time for our Year 4 children and their families. We pray that the celebration of First Eucharist is beautiful and memorable, remembering that the true focus of that holy and special day is the Sacrament itself.

*Lord Jesus,*

*Bless the children receiving Holy Communion for the first time.*

*May this day be a beginning step into a life-long love of the Eucharist.*

*Give them a hunger for this sacred food so that they turn to You for comfort, guidance, and wisdom as they grow into full discipleship. Thank you for their innocence and goodness.*

*May their eagerness to receive Your Body and Blood inspire all of us to cherish this Sacred Sacrament.*

*Amen*

*Rebecca Sinclair*  
APRIM

## From the Resilience Project Desk – Emotional Literacy

*Working on our emotional literacy gives us opportunities to develop our ability to understand and express different emotions. When we improve our emotional literacy, we can work towards recognising our own feelings and our ability to manage them. This allows us to cope with different life situations, such as managing conflict, making friends, coping in difficult situations and being resilient when dealing with change.*

## Whole Family Activity - Feelings Charades

- Gather together as a family, this might be around the dinner table, lounge room, around the fire outside.
- Take turns to act out a feeling or emotion. Use your face and body language to act this out, For example: Make an angry face and stamp your feet.
- Other family members need to guess the feeling/emotion.
- After someone has guessed the feeling/emotion, have family members discuss a time they have felt this way before and why. If it was a negative emotion, how did they overcome it?

## Family Habit Builder

Around the dinner table, ask everyone to share a feeling they felt during that day. Discuss how they dealt with that feeling and then discuss and share strategies you could use when faced with particular feelings.

## How Much Screen Time is Excessive?

A good place to start is the Australian Government guidelines for screen time, [24-hour movement guidelines](#). The guidelines recommend:

- No screen time for children younger than two years
- No more than 1 hour per day for children aged 2-5 years
- No more than two hours of sedentary recreational screen time per day for children and young people aged 5-17 years (not including schoolwork)

Any amount of screen time above the guideline recommendations is excessive.

It is also important to note that even though this is the recommended average, it does not mean that hours can be stored up and used in one go e.g. There is no screen time Monday to Friday so we can have 14 hours over Saturday and Sunday.

Over two hours on any one day is excessive.

Screen time in the guidelines excludes schoolwork. Screen time is defined as sedentary recreational screen time, where children are sitting or laying down to watch video, scrolling social media, or playing games.

The Australian Institute of Family studies estimates that only 15% of 5 - 12 year olds meet the screen time guidelines, and that the amount of screen time increases dramatically between the ages of 10 - 14. In fact, the Australian Bureau of Statistics estimates that there is a rise in the percentage of students spending more than 20 hours a week on a screen.

[source: LifeSkillsGO 'Wellbeing That Works #39']

*Brett Czechowski*  
DEPUTY PRINCIPAL

# Primary Campus News

## National Sorry Day

On National Sorry Day, we pay our respects to Aboriginal and Torres Strait Islander people across Australia. We remember and acknowledge the grief, suffering and injustice experienced by the Stolen Generations, their families and communities and the intergenerational impacts of the mistreatment still felt today.

Not just today – but every day – is a chance for all Australians to work together to fight racism wherever it lurks and share the steps towards healing.

## National Simultaneous Storytime

On Wednesday, week 4, our campuses took part in National Simultaneous Story Time. We listened to the story 'Bowerbird Blues' by Aura Parker. With our buddies, we created a Bowerbird artwork. We had so much fun catching up with our buddies.



## National Volunteer Week 2024: 'Something for Everyone'

Let's celebrate Samaritan College Volunteers this National Volunteer Week.

Volunteers play a vital role in creating positive change within our Samaritan College Community and beyond. Their dedication and selflessness to help others creates a better future for all of us. Volunteering has the power to change the lives of both volunteers and the students they help.

Special shout out to our LAP Volunteers from Our Lady Help of Christians Campus! Thank you, Debra, Noelle, Angela and Amanda (absent from photo).



## Pyjama Day

Our littlest Samaritans from Reception Harris embracing Pyjama Day and raising funds for our local Good Sam Inn to support the most vulnerable people in our community.

“It is Pyjama Day! Here I am on Pyjama Day!”

Students from Our Lady Help of Christians Campus embracing Pyjama Day with a side of hot chocolate and raising funds for our local Good Sam Inn to support the most vulnerable people in our community.



## Primary Literacy

Our staff and students at both our primary campuses received a visit from Linda Clune from Playberry Laser during week 6. Linda worked in class and supported teachers and students. Linda also held a parent info session on Wednesday evening.

Samaritan College continues its commitment to improving our students Literacy and Numeracy outcomes, with a lot of exciting progress happening in all of our classrooms.



## SAPSASA Football

Well Done to our Samaritan students representing Whyalla at the SAPSASA Football Carnival in Adelaide during Week 5! Awesome work boys!!

Names: (From left) Kailem, Fletcher O, Harry, Fletcher T, Tate, Peter, Jack, Hayden and Brax.



## STEM

Great things happening in STEM at Samaritan!

This week Catholic Education SA launched a STEM Digital Technology Pilot in partnership with the South Australian Chamber of Mines and Energy. The STEM pilot will engage students in fun hands-on challenges demonstrating real world applications of fundamental digital technology skills.



## Reception Raymond/Judd

This term during HASS, Reception Raymond/Judd are learning all about the past. We have been exploring how stories from the past can be communicated through things like photos and artefacts. We created a class museum with 'old' items from home. The students enjoyed learning about so many different things from the past and enjoyed sharing the connection they had to their item.

It was such a joy to see the students' faces when a family member or friend came to visit! Thank you to all that came and to all the parents that helped make our class museum possible.



## Year 6 Camp

During week 5 our Year 6 Students ventured to Woodhouse Camp in the Adelaide Hills to undertake 3 days of fun and activities. The students had a great time despite the freezing weather, at times. Special thanks to the Year 6 Teacher Team for the coordination of the camp.



## Behaviour

At Samaritan College, we believe that everyone has the right to work and learn in a safe, enjoyable environment. Bullying and/or harassment and/or discriminatory behaviours destroy this safe environment. We are committed to preserving the dignity of each person and providing an environment in which all students feel safe and are safe. Teachers and families work with students to educate them on the implications that unwanted behaviours can have on their peers, the classroom environment and themselves. Together, we can help children make conscious change and positive choices. Thank you for your support of our policy which greatly assists effective teaching and learning practices already occurring in our school.

*Matt Quist and Gareth Molyneux*  
HEAD OF PRIMARY CAMPUSES

## Reconciliation Week at Our Lady Help of Christians Campus

Throughout the week we engaged in some whole campus activities which encouraged students to work together.

On Monday afternoon, the Year 5/6s helped Mrs Warren to run some games which were chosen from the Australian Institute of Sports Website and are based on traditional games played by Aboriginal and Torres Strait Islander people. The Year 5/6s explained the history of these games to students before they played them.

On Tuesday, students added their names to a mural which Mrs Warren painted with the help of Miss Olivia, Amy, Jenna and Avah.

On Thursday, the Reception classes hosted a Reconciliation Week themed Liturgy with the help of some students from Year 3/4 Mayne.

On Friday afternoon, we came together as a whole school to create a "Reconciliation Week Peace Path" and to display the handprints and posters that we created during the week. We loved working together to create this pathway and we think our final creation looks amazing!

*Jenna Warren*  
LEADER OF WELLBEING AND STUDENT AGENCY

## Reconciliation Week at St Teresa's Campus

Last week, we celebrated Reconciliation Week with a variety of lunchtime activities that brought our community together through art, food, and culture. The highlight for many of our students was the opportunity to try bush bread, a unique and delicious experience that connected us all to Indigenous culture and traditions.

Now more than ever, it's important to come together, learn, and celebrate our diverse heritage. Thank you to everyone who participated and made this week so special. Let's continue to walk together in the spirit of reconciliation!

On Wednesday, the Mullu Mullu Gullya students from both primary campuses met at St Teresa's for lunch and then walked to the Ada Ryan Gardens and visited the Harmony Globe which was a great cross campus activity!

*Kristin Murray*  
LEADER OF WELLBEING AND STUDENT AGENCY



# Secondary Campus News

Secondary attendance hotline: 0473 989 587 - TEXT messages only, *otherwise please phone 8645 8568.*

Please follow up phone calls with a note to the caregroup teacher.

## Study Habits

Recently our senior students were fortunate to attend presentations by Elevate Education designed to help them formulate positive study habits. These workshops were timely given Year 10 and 11 exams are next week. Some of the key tips from the two presenters were:

1. **Start your preparation early** - In school this means even while the teachers are covering the sections of work. Know when your exams are and set up a schedule that allows you to have adequate time to review all the content.
2. **Organise your study space** – Make sure that there is plenty of room to put all notes, texts and handouts. Leave mobile phones off and remove notifications from devices.
3. **Review and practice previous test or exam questions** – All teachers should be able to provide you with sample questions. At the very least there are probably some test questions that you could try again, do them without looking at the answer.
4. **Set Study Goals** – Make realistic goals each time you sit to study. For example, I will review Chapter 2 & 3 today, or I will re-do the test on ... under timed conditions.
5. **Do Not Cram** – staying up late cramming will generally make you more anxious and stressed out. Try and make sure that you have covered everything the day before the exam.

Year 12s who are doing examinable subjects will have their mid-year exams in Week 1 of Term 3. Now is the time when they should be arranging their space and setting up their revision schedule.

## Forming Habits

School is an excellent place to develop the habits that are going to benefit a person throughout their working life. Within a standard day, students are challenged to work collaboratively and cooperatively with others. Attending school helps students develop routines, not only through following the timetable but also learning to balance requirements of schoolwork and out of hours commitments.

Learning how to cope with and manage the different stressful situations that we might find ourselves in is another aspect of school. Within any day students might find themselves in a stressful situation, whether it be answering a question in front of peers or reading a chapter aloud. School is a great place to learn how to cope when in these stressful situations.

Being on time to school and class and meeting deadlines are other habits that students should be striving to develop through school. Currently there are too many students who are coming to school late. These students are developing poor habits that might have an impact in the future.

## SACE Special Provisions

The SACE Board knows that sometimes a student's ability to perform at their best is compromised by circumstances out of their control, such as illness, injury or a death in the family. SACE rules can accommodate these events through the application of Special Provisions, which are tailored to the particular needs of the student concerned. These can include, but are not limited to, extra time in tests and exams, alternative forms of assessment (e.g. oral rather than written) and due date extensions. Students who think they might be eligible for Special Provisions are encouraged to see Mrs Shivvaan, the SACE and Careers Coordinator.

*Tanya Gibson*  
HEAD OF CAMPUS



## Sports News

### Football

Well done to the following Samaritan College students who were selected for combined football to play for Whyalla against SGL in the recent Interleague games at Bennet Oval.

#### Under 15s

Jake Leebody, Kane Azzopardi, Ty Rogers, Noah Brokken, Lachlan Miller, Jacob Edwards, Joshua Geering, Jack Hammond, Reef Gillis, Curtis Rodgers, James Abdulla, Myles Chand, Issac King and Nate Jonker.

#### Under 18s

Charlie Wilson, Rex Harris, Thomas Hobba, Jake Hogan and Connor Lipczyk.

Congratulations to teacher, Mr Michael Baker who was appointed as Coach for the League side. Well done to all involved.



### Netball



Congratulations to Samaritan College students who were selected to play for Whyalla in combined Netball in Port Pirie to compete in the Spencer Gulf Carnival.

#### Under 13s

Molly Kroll, Felix Klippel, Maci Turner, Mackenzie Huish, Aria Hubner, Lacey Smith, Charli Tidbury, Alice Brokken.

#### Under 15s

Zoe Phillips, Katie Smith, Ruby Chambers, Molly Main, Lyla Phillips, Imogen Guimelli-Brown, Halle Edwards, Mackenzie Owens.

#### Under 17s

Immogyn Spry, Ruby Main, Madison Puddy and Meadow Dinedios

Well done to teacher, Jodie Hopkins who went down and umpired at the carnival. Congratulations to all involved, a fantastic effort.

*Sean Sheedy*  
SPORT COORDINATOR