

**Term 2 Week 4**

**23 May 2024**

**COMING EVENTS**

MAY 29 - 31

- Year 6 camp
- Stage 1 & 2 Champion Code camp

JUNE 3 - 5

- Year 11 Retreat

FRIDAY JUNE 7

- Staff Formation Day, Pupil Free Day

JUNE 11 - 12

- Year 8 camp

THURSDAY JUNE 13

- Year 7/8 Girls Football

JUNE 17 - 21

- Year 10 and 11 Exams

THURSDAY JUNE 20

- Year 7/8 Boys Football

MONDAY JUNE 24

- Semester 2 starts

WEDNESDAY JULY 3

- Year 11 Dinner

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**St Teresa's Campus**

Telephone (08) 8645 8381  
 Facsimile (08) 8645 1129

**Our Lady Help of Christians Campus**

Telephone (08) 8649 2077  
 Facsimile (08) 8649 1911

**Saint John's Campus**

Telephone (08) 8645 8568  
 Facsimile (08) 8645 8186

**Uniform Shop**

Toal Street, Whyalla Stuart  
 Telephone (08) 8649 3168  
 Wednesday 8:00 - 10:00am  
 Thursday 1:00 - 4:30pm

**Key Points**

- Award - Congratulations Winnie Fitzgerald
- Fee Help
- First Reconciliation and First Eucharist
- National Walk Safely to School Day
- Catholic Education Week
- Dentist Visit
- Bullying and Harassment
- Careers Information
- A Guide to Being Mindful Online
- Vaping
- GRIP Leadership Conference

This week is Laudato Si' Week. Laudato Si' is the name of one of Pope Francis's Encyclical (a long letter) from 2015 about the environment and our role in and with that environment. It is timed with the celebration of Pentecost last Sunday. The theme for 2024 is: Let us be seeds of hope in our lives and our world, rooted in faith and love.

.....Touch the hearts of those who look only for gain at the expense of the poor and the earth. Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognise that we are profoundly united with every creature as we journey towards your infinite light.

*(Excerpt from Laudato Si Prayer by Pope Francis, 2015)*

"There are no lasting changes without cultural changes ... and there are no cultural changes without personal changes" (LD, 70)

**Award**

By now, many of you should be aware that our own Winnie Fitzgerald won the Experienced Teacher Award (Primary) at the prestigious Catholic Education Awards held last week at the Hilton Adelaide. 43 years of service with 27 years of training a choir to perform at the Catholic Schools Music Festival in Adelaide and 11 musicals and more. Well done to Winnie. Full details of the award can be found here: <https://awards.cesa.catholic.edu.au/recipients/award-recipients-2024>

We also congratulate former staff member of Saint John's College, Paul Beltrame, who won the Laudato Si' Award. Paul taught here in the 1990s.

*Damien*  
 Damien Judd

PRINCIPAL





## Fee Help

We remind our families of our commitment to provide fee help. Whether it be linked to the challenges in our local steelworks and mines, or any other reason, please make contact with the college to discuss. It is all done very discretely, and we are here to help. Information was recently emailed to families or visit here: Financial Scholarship Application (<https://www.samaritan.catholic.edu.au/enrolment/school-fees>)

## Staff Formation Day

A reminder, Friday June 7, is a Staff Formation Day. Students do not attend school on this day. Staff will be engaged in a range of professional learning activities.

## Mary, Help of Christians

May 24 is the Feast of Our Lady Help of Christians. This is an important Feast in our country because Our Lady (Mary the mother of Jesus), under the title "Help of Christians", is a spiritual Patroness of Australia, along with Saint Mary of the Cross MacKillop. The title "Help of Christians" is a very ancient term and was part of a very old prayer to Mary. It was in 1844, that Mary, under the title of Our Lady Help of Christians was chosen as the patroness of Australia. It is also the name of one our campuses!

# The Samaritan Way

*Come Holy Spirit,  
 Fill the hearts of the faithful  
 and kindle in us the fire of your love  
 Amen*

The Season of Easter is over and in last Sunday's Gospel from John; we celebrated the feast of Pentecost. The feast of Pentecost celebrates the power of the Holy Spirit coming upon the disciples and energising them to set about their mission of continuing the ministry of Jesus.

Jesus said if you love me and keep my commandments, I will send the Holy Spirit to be an Advocate, to teach you everything and remind you of all that I said to you and to be with you forever.

In some translations of the Bible the word 'Advocate' is replaced with the word 'comforter'. The word comfort can mean 'to give strength or courage'.

It is a great comfort to us all to know that we will not be abandoned or left behind and that the Holy Spirit will always be with us. The Holy Spirit continues the work of Jesus himself. It is the Spirit who strengthens us, comforts us, guides us, and inspires us. The Holy Spirit plays an important life giving role in our lives. The actions of the Holy Spirit are there to be seen in the world around us

How open are you to seeing the action of the Holy Spirit in the world around you? Can you be an advocate, a counsellor or comforter to someone in need this week?

## First Reconciliation and First Eucharist

In the coming weeks a small group of children from Year 4 and 5 will be preparing for and celebrating the Sacraments of First Reconciliation and First Eucharist.

This is a special and privileged time for our Year 4 and 5 children and their families. We hope that the celebration of First Reconciliation and First Eucharist is beautiful and memorable, remembering that the true focus is the Sacraments themselves as our Year 4 and 5 children experience the love and forgiveness of God and are welcomed to the table of the Lord.

Please keep the children and their families in your prayers.

Rebecca Sinclair  
APRIM

# Primary Campus News

## National Walk Safely to School Day

On Friday, Week 3, Our Lady Help of Christians Campus students from Year 3/4 to Year 5/6 walked from the Parfitt Street Reserve as part of the National Walk Safely to School Day!! Students from St Teresa's Campus had a fantastic morning walking from Wilson and Jessop Park to School raising awareness of health and road safety.

A special thanks to SAPOL from both staff and students, for the informative road safety talk and police escort.



## Year 1/2 Connor & Marschall

Friday morning of Week 3 the Year 1/2 classes at Our Lady Help of Christians Campus participated in a big obstacle course to celebrate Walk to School Day!

We loved getting the opportunity to be active in the sun this morning! We support and encourage all students who walked to school today!



## Catholic Education Week

We're celebrating by sharing all the things that we love about Samaritan College and what makes our community special.

Students from our primary campuses shared some of the reasons they love coming to school at Samaritan College! #LoveMyCatholicSchool Heart captured in some of our student's favourite spaces around the campuses!





## Road Safety Centre Excursion

During Week 2, the Reception students went on an excursion to the Road Safety Centre, the very first excursion for many!

We were lucky enough to have the SA police run our road safety session. We listened to many ways to be safe around the roads and learnt the curb drill - STOP, LOOK, LISTEN, THINK. We also had a great time practising our safety skills while riding bikes.

A very special guest came to visit at the end of the session - Jeff the safety dog. It was all very exciting!

Thanks to SA Police and the Whyalla Road Safety Centre Inc. for having us!



## Mother's Day

On Friday, Week 2, Year 1/2 Connor hosted a Mother's Day Assembly where they shared their favourite things about the special women in their life, interviewed some special ladies, and gave some flowers that they had made to some of the special women in the crowd.

"You are my cup of tea!"

Gorgeous Mother's Day craft by some of our littlest Samaritans in Reception Davies/Judd.

We hope all Samaritan Mums, Grandmothers, Aunts, all female role models, had a wonderful Mother's Day! We hope your day was special.



## Child Studies Visit – Reception Harris

Ms Davidson and her Stage 1 and Stage 2 Child Studies classes visited the Receptions at Saint Teresa's Campus. The Stage 1 class have been busy designing and creating sensory toys which aim to meet safety guidelines and encourage exploration of the senses. The Stage 2 class have been learning about the use of literature in child development. Each of these students created their own story book which could assist the receptions with their social and emotional development.



The secondary students express their extreme gratitude to Reception Harris for allowing us to play and explore with them and welcoming us into their beautiful space.



## Dentist Visit

In Week 2, the Mullu Mullu Gullya from Our Lady Help of Christians Campus had a special visit from Kerri Morgan who is a dentist from Your Dental Care Whyalla. She came to teach us about dental hygiene and caring for our teeth. Kerri has been working with Mrs Warren and Amy, and will soon begin running a program with our students and their families, to make sure that everyone is able to access the dental care that they need. After a trial with the Our Lady Help of Christians Campus Mullu Mullu Gullya group, we are hoping to expand the program to include all students at both of our primary campuses.



## Bullying and Harassment

When children being introduced to digital technologies and social media platforms, often they don't have the skills or experience to use them constructively. Due to perceived anonymity, often conflict can escalate and behaviour can start appear that is reflected in our College's Bullying and Harassment Guide. Below is an extract from our Guide to assist with how to action any harassment or bullying type of behaviours; If you would like to look at the full guide it can be found on our website under Primary|Student Support or click [here](#) to view the document.

What should you do if he/she is being bullied?

If you are being bullied, you must tell a responsible adult with the capacity to help.

Options include: Parents, guardian or adult relatives and at school: Teacher, Counsellor, Head of Campus, Deputy, Principal and ESO.

If Bullying occurs outside of school, you may need to inform your coach, club president etc; depending on the location.

If you are being cyberbullied, you can:

- Block Senders
- Keep messages by sending them to someone else. Do not look at them yourself.
- Change passwords.
- Do not retaliate.
- Talk to a friend, parent or teacher about how to deal with the bullies.
- If there are threats or call to harm yourself, report abuse to the police.

It is also important to acknowledge the minimum age restrictions on varied Social Media platforms, if your child is engage and falls below this age, it might prevent action being able to be taken.

Further information can be obtained from;

[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

[www.kidshelp.com.au](http://www.kidshelp.com.au)

[www.ncab.org.au](http://www.ncab.org.au)

*Matt Quist & Gareth Molyneux*  
HEAD OF PRIMARY CAMPUSES

# Secondary Campus News

Secondary attendance hotline: 0473 989 587 - TEXT messages only, *otherwise please phone 8645 8568.*

Please follow up phone calls with a note to the caregroup teacher.

## Upcoming Campus Events

Wednesday - Friday	May 29 -31	Champion Code camp
Monday - Wednesday	June 3 - 5	Year 11 Retreat

### Careers Information

Our SACE and Careers Coordinator, Mrs Shivvaan, has been busy recently organising a variety of careers education activities for students across multiple year levels. Last week she organised visits from the University of Adelaide and Flinders University, and earlier this week she facilitated a rural doctors workshop on health careers in regional and rural areas. Students are encouraged to read the fortnightly Careers News Mrs Shivvaan produces to get information about other up-coming careers events.

### A Guide to Being Mindful Online

As a teenager, social media and the internet are likely a big part of your daily life. It's a great way to connect with friends, share your interests, and express yourself. However, it's important to remember that what you post online can have consequences, both positive and negative. That's why it's essential to think carefully about what you post and be mindful of your digital footprint. In this article, we'll give you some tips on how to be a responsible and thoughtful digital citizen.

#### Consider Your Audience

Before you hit that "post" button, think about who might see your content. Is it appropriate for all audiences? Could it be misinterpreted or taken out of context? Remember that anything you put online is potentially accessible to anyone in the world, so be mindful of your language, tone, and content.

#### Respect Other People's Privacy

Posting pictures or videos of your friends, family, or acquaintances might seem like a harmless way to share memories, but it's important to respect their privacy. Always ask for permission before posting anything that includes other people, and be sure to respect their wishes if they say no.

#### Be Careful with Personal Information

Avoid sharing sensitive personal information online, such as your address, phone number, or full name. This information could be used for identity theft or other malicious purposes. Be mindful of what you share and who you share it with.

#### Don't Engage in Cyberbullying

Cyberbullying is a serious issue that can have devastating effects. Always think twice before posting something that could be hurtful or mean to someone else. Remember, if you wouldn't say it to someone's face, you shouldn't say it online either.

#### Be Aware of the Consequences

Remember that anything you post online can be accessed by potential employers, university admissions officers, or anyone else who might be interested in learning more about you. Be mindful of the kind of image you want to present to the world, and think carefully before posting anything that could have a negative impact on your future.

#### What to Do if Something Goes Wrong

If you've posted something online that you regret or that's causing you trouble, there are a few things you can do. First, take down the post or delete it if possible. If you've hurt someone else, apologise and try to make amends. Remember that the internet is forever, so it's important to learn from your mistakes and be more thoughtful in the future. You can also look at the eSafety website for more tips and advice on being mindful online. If you need help you can always call Lifeline on 13 11 14, or Kids Helpline on 1800 55 1800.



## Vaping

Electronic cigarettes or e-cigarettes, often called 'vapes', are electronic devices designed to deliver vapourised liquids into the lungs. There are many different styles of vapes and types of e-liquids, or e-juices, available. Vapes come in many shapes and sizes and can be made to look like everyday items including highlighters, pens or USB memory sticks.

### Vaping facts

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true. Vapes are not safe.

- Many vapes contain nicotine making them very addictive. The nicotine in 1 vape can equal 50 cigarettes.
- Vapes can contain the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray. They just don't put it on the pack.
- Vapes can leave young people at increased risk of depression and anxiety.
- Young people who vape are 3 times as likely to take up smoking cigarettes
- Vape aerosol is not water vapour.

- Vaping has been linked to serious lung disease.
- Vapes can cause long-lasting negative effects on young people's brain development.

### Signs your child might be vaping

Tell-tale signs that your child might have started vaping include the symptoms of nicotine addiction such as feeling irritable or anxious.

### The laws around selling vapes

Young people often purchase vapes online, from retail stores or from friends and contacts on social media. It is illegal to sell vapes to anyone under the age of 18 years.

### Talk to your child about vaping

Whether you suspect your child is vaping or not, take the time to talk to them about vaping and help them understand the risks. Try to start the conversation in a relaxed easy-going way, be patient, and remember your goal is to have a conversation, not deliver a lecture. Importantly, have your facts ready. A great starting point [www.health.nsw.gov.au/vaping](http://www.health.nsw.gov.au/vaping)

*Tanya Gibson*  
HEAD OF CAMPUS

## GRIP Leadership Conference

Last Thursday, a few lucky Year 10, 11, and 12 SRC students were selected to attend the GRIP Leadership Conference, and it was nothing short of amazing.

The conference gave our student leaders the tools they need to make a positive difference in our school community.

Through engaging workshops and inspiring presentations, they learned how to:

- Develop a Growth mindset, embracing challenges and overcoming obstacles.
- Build strong relationships with their peers, teachers, and the wider community.
- Create a meaningful Impact through effective planning and organisation.
- Discover their Purpose as leaders, and use it to inspire others.

It's clear that our SRC students are now better equipped to lead with confidence and compassion. We're grateful to the GRIP Leadership team for their dedication to empowering young leaders and can't wait to see the incredible changes our students will bring to our school.

*Kimberley Ryan*  
DIRECTOR OF SENIOR STUDENTS



## Stage 1 Champion Code

The Stage 1 Champion Code class have been doing basketball as their practical unit the last few weeks. Students have been focussing on the fundamental skills, whilst developing team game movement patterns and plays.

We would like to say a big thank you to the Whyalla Basketball Association for allowing us to utilise the facilities.



## Year 7/8 Netball

Our Year 7/8 students travelled to Port Augusta on Tuesday May 14 to compete in the regional school sport carnival for Netball. Samaritan were represented with 3 teams, and our students demonstrated excellent sportsmanship and teamwork qualities along with our college values. Team 1 were undefeated winner on the day. A big thank you to our students who attended as umpires and coaches.



Student Umpires & Coaches



All Teams

## Sports News

On May 11 & 12 Hayden competed at Broken Hill Gun Club in the West Darling Championships. He placed 1st in juniors for Champion of Champions shooting a score of 47/50, placed 2nd in AA grade for point score with a 74/75 and going into a shoot off 7 other shooters, shooting a 53/54 to take 2nd. First in his grade for Double Rise with a 28/30. A 1st in point score for Junior Masters with a 74/75. Overall dropping 11 points for the whole weekend and winning the Junior High Gun with a great score of 219/230. Finishing 6th overall out of 83 shooters, 5 points behind the overall winner proving to himself he can mix it up with the best in the country with 3 of the guys that beat him represent Australia in the open DTL team.

*Sean Sheedy*  
SPORT COORDINATOR

